

## **SETTING THE STAGE**

Imagine you are attending a live theatre performance divided into three Acts. It is interval, following the conclusion of the second Act and you are reflecting on the show so far. You feel that Acts One and Two have been powerful and thought-provoking. You are wondering what surprises the rest of the show might bring.

But this show is unique. There is only one performance...it is a play written by you and you are writing the script as the performance happens in real time...the actors are on stage waiting for their lines. There is no rehearsal and there is only performance – this is opening night and closing night all in one. And no one yet knows – not even you, the playwright – what the ending will be. And the final twist? You are the lead actor, the star of the show.

The play is called “Your Life”.

Act One embraced the early years of your life – the years that prepared you for work. The content of Act Two has been your working life. Act Three is yet to come and you wonder what surprises it has in store for you. Act Three may well be a long one. It's up to you to make it memorable for you and for those who love you. You will want to feel that, at the end of “Your Life”, the rest of the cast and the audience alike will give you a standing ovation, acknowledging that you have given a performance they will never forget.

*Excerpt from my book "[The Hunger to Grow](#)" " 2016*